

the Standard Deviation

Official Newsletter of the Manhattan College Department of Psychology

November 2017

Chair's Welcome:



Wow, the semester is really flying by! Whether you are right on the heels of graduation, reaching the halfway mark of your studies, or finishing your very first semester, this is a great time to ramp up your time management skills so you are in good shape for the final month of the semester.

The goal line is in sight... keep up the hard work!

--Dr. Moore



Course Spotlight:



Theories of Personality (PSYC 347)

If you don't already have a personality, this course will not provide you with one! [insert laughter]. Instead, this course explores how psychologists define and study personality. Taught by Dr. Danielle Young, the course investigates the origins of personality, as well as the ways personality influences human activity. This class uses both classic and contemporary theories and research to provide insight into the nature of the person- and *you!*

*Spring 2018: Offered Mondays and Thursdays 3:00-4:15pm

Faculty Focus



Dr. Martha Mendez-Baldwin
Assistant Professor

***Where did you go to school?**

I graduated from Fordham University in 2001 with a Ph.D. in applied developmental psychology.

***Which psychology courses do you teach?**

I teach Child Psychology, Adolescent Psychology, Psychology of Developmental Delays & Disorders, and Issues Affecting Today's Youth. I also teach General Psychology for the Arches Program, which incorporates cultural activities and service learning projects.

***Which undergraduate course did you find most influential, and why?**

As an undergraduate student at Manhattan College, the most influential course I took was General Psychology with Dr. Mary Noberini the first semester of my freshman year. This course introduced me to the science of psychology and ignited my passion for psychology. In addition, Mary Noberini was the first woman with a Ph.D. I had ever met. She was also a mother. She was a role model for me; she was living proof that a woman could hold a degree in one hand and a baby in the other!

***What is the focus of your research?**

My research is centered around three topics: bullying, self-esteem, and parenting. These three topics share the common theme of promoting optimal development and overall psychological well-being for children and teens. This semester, I am excited about extending my self-esteem research to examine the relationship between self-esteem and tattoos among adolescents and young adults.

***What do you do when you're not teaching or doing research?**

Most of my time is spent with my husband, Todd, my 17-year-old son, Ryan, and my two dogs, Jasper & Bailey. Family is very important to me and I value any time that we can spend together. As a family we like to travel, attend plays, movies, and concerts, go to the beach, and go out to dinner.

***Now for some fun! What do you do for entertainment?**

For fun, I like to watch Ryan ride. He has been participating in the sport of equestrian jumping for quite some time and I love to watch his lessons and cheer him on at competitions. I also enjoy cooking and baking; I would love to be a contestant on *Chopped*, which is funny because when I first got married I could have been the winner of *Worst Cooks in America!* In addition, I like to read. I recently read *The Light Between the Oceans* by M.L. Stedman and *Behind Closed Doors* by B.A. Paris.



Noberini Psychology Colloquium

Please join us for the Noberini Psychology Colloquium, which will be held on Tuesday November 14th from 3:30-4:30 in Rodriguez Room

Title: The Role of Elongation in the Perceived Beauty of Simple Shapes

Presenter: Dr. Jay Friedenber

Announcements

The Psych Club is organizing *Stress Relief Week* for December 4th-8th. If you are interested in participating in associated events, reach out to the Psych Club at psychclub@manhattan.edu. Come on, we can all use a little stress relief, right?!

Psi Chi is planning a movie night for just after Thanksgiving... more details coming soon!

Did You Know?



Faculty in the News!

Two psych faculty members were recently featured in the news!

Dr. Martha Mendez-Baldwin was quoted in an Associated Press article on how the current conversations around sexual assault and harassment can be used by parents to have teachable moments with their children.

Dr. Kim Fairchild was quoted in a CNN article on the topic of sexual assault and street harassment.

Dr. Nuwan Jayawickreme

Dr. Jayawickreme recently published a journal article in *Frontiers in Psychology*, entitled “Measuring depression in a non-Western war-affected displaced population: Measurement equivalence of the Beck Depression Inventory.”

Dr. Danielle Young

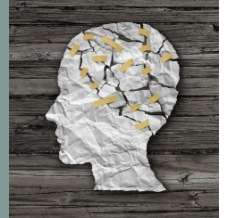
Dr. Young recently published two new journal articles. An article in *Psychological and Personality Science* covers the role of diversity exposure in Whites’ reduction in race essentialism over time, and an article in *Self and Identity* focuses on change in political and gender identity among Clinton supporters after the 2016 U.S. presidential election.

Dr. Kelly Marin

Dr. Marin is presenting her research, entitled “Emerging Adults’ Narratives about the 2016 U.S. Presidential Election and Relations to Political Engagement, Social Consciousness, and Political Mistrust” at the annual meeting for Society for the Study of Emerging Adulthood in Washington, D.C. this month.

A special thanks to everyone who donated to the Safe Halloween and Puerto Rico Supply Drive events!

Alumni Spotlight



Anne Marie Schipani-McLaughlin

Anne Marie Schipani-McLaughlin is a proud graduate of Manhattan College. She majored in psychology with a concentration in developmental psychology, and earned her Bachelor of Arts degree in 2011. Under the mentorship of Dr. Kelly Marin, Anne Marie conducted a research study on college students' health decisions during her time at Manhattan College and took an interest in the field of public health. Upon graduation, Anne Marie moved to Atlanta and earned her Master's in Public Health from Emory University in 2013. While pursuing her Master's in Public Health, she refined her research skills and conducted a thesis study on decision-making and HIV prevention. Now, Anne Marie is currently pursuing a PhD in Public Health at the University of Georgia and is expected to graduate in 2018!

After earning her master's degree, Anne Marie moved to back New York City and worked at a consulting firm, where she worked with various colleges to conduct research evaluating nationwide suicide prevention programs. After getting married to a fellow Manhattan College graduate in 2015, she began a PhD program in Public Health, and has since focused her research on developing sexual assault prevention interventions for college students. For her dissertation, she developed a sexual assault prevention social media marketing campaign, which she implemented at the University of Georgia this past fall. In addition to pursuing her PhD, Anne Marie is also a Project Coordinator at Georgia State University, where she is currently working to develop a web-based sexual assault risk reduction program for college women. She is passionate about research and developing programs to help improve the health and well-being of adolescents and young adults. Anne Marie has used the research skills she learned at Manhattan College throughout her career in public health. In fact, it was in Dr. Kelly Marin's Research Methods class that she first became interested in research! She attributes her continued success to the mentorship, research skills, and academic support she received from the psychology department during her time at Manhattan College.

Faculty at a Glance



Full-time Faculty:

Kim Fairchild, Ph.D.

Jay Friedenber, Ph.D.

Nuwan Jayawickreme, Ph.D.

Arno Kolz, Ph.D.

Kelly Marin, Ph.D.

Maria Maust-Mohl, Ph.D.

Martha Mendez-Baldwin, Ph.D.

Zella Moore, Psy.D.

Danielle Young, Ph.D.

Adjunct Faculty:

Faith Florer, Ph.D.

James Riedel, Ph.D.

Robert Rivera, M.A.

Asghar Sajadian, Ph.D.

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Learn more about our department on our homepage:

<https://manhattan.edu/academics/schools-and-departments/school-of-liberal-arts/.psychology-dept/index.php>

Something you'd like to see in an upcoming issue of *the Standard Deviation*? Let us know!

Email: zella.moore@manhattan.edu